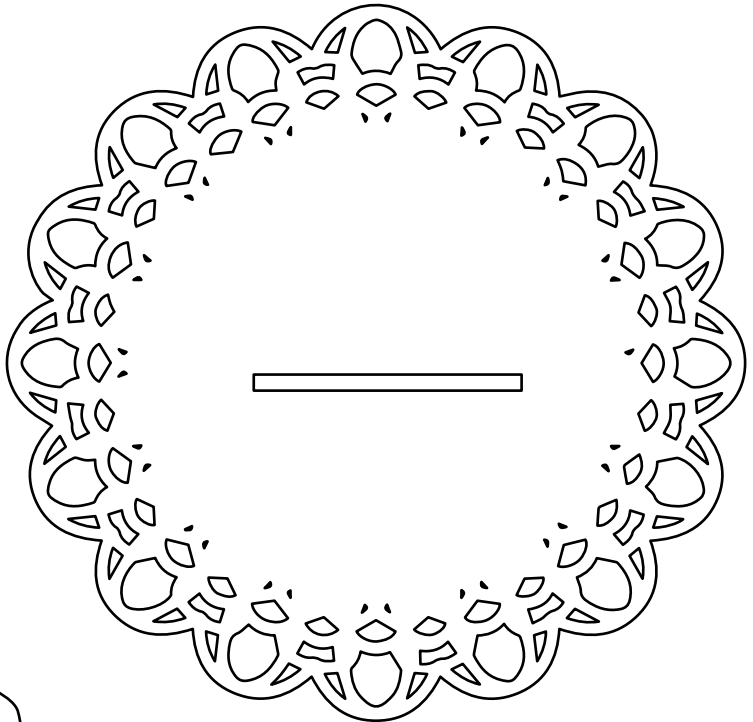JHS